

# CROSSROADS ADOLESCENT SERVICES

Crossroads Community Services Board  
P.O. Drawer 248  
Farmville, VA 23901

To schedule an initial evaluation call: 1-866-307-0370

## Substance Misuse Group

- 4 Sessions of Basic Drug Education
- Designed for those at risk of developing abuse/dependence

## Substance Abuse Treatment Group

- 8 to 10 Sessions of Education and Intervention
- Designed for those with symptoms of abuse/dependence

## Co-occurring Disorders Group

- 12 + Sessions of CBT-based therapy with Motivational Interviewing and Behavior Modification interventions
- Designed for those with a diagnosed mental health disorder and who have received substance use treatment in the past

## Anger Management

- 8 to 10 sessions of Education and Intervention
- Designed for those with repeated anger outbursts that have led to problems in multiple areas of their lives

## Individual Therapy

- Designed for those adolescents whose needs are better met in a one-on-one setting versus a group setting (example: trauma)
- Number of sessions depending on progress

## Case Management Services

- Community-based services provided to those adolescents who meet criteria for Severe Emotional Disturbance
- May include advocacy, school coordination, linkage with resources to improve functioning, and/or linkage with staff psychiatrist and other service providers

Make the most of yourself,

**for that is all there is of you.**