

### **Adult ANGER MANAGEMENT:**

**An anger management group can be provided for people struggling with anger outbursts. Call the intake number 1-800-548-1688 and ask to speak with Emergency Services staff.**

#### **Fees and Costs of Services**

**Anger management usually includes a combination of individual and group therapy. Individual appointments are billed on a sliding scale fee or are covered by health insurance. There is a flat fee for groups, unless there are extenuating circumstances and an alternative fee agreement is reached.**