

# C.O.P.E.S Coalition

Community Outreach for the Prevention of Every Suicide

## Offers:



# safeTALK

*suicide alertness for everyone*

**Cost: FREE**

**When: May 7, 2014**

**Time: 1:00-4:00**

**Where: Longwood University**

SafeTALK is a training that prepares anyone over the age of 15 to identify persons with thoughts of suicide and connect them to suicide first aid resources. Most people with thoughts of suicide invite help to stay safe. Alert helpers know how to use these opportunities to support that desire for safety. As a SafeTALK-trained suicide alert helper, you will be better able to:

- Move beyond common tendencies to miss, dismiss or avoid suicide;
- Identify people who have thoughts of suicide;
- Apply the TALK steps (Tell, Ask, Listen and KeepSafe) to connect a person with suicide thoughts to suicide first aid, intervention caregivers.

**All participants receive a certificate of completion.**

**Registration is required!**

**Call (434)392-9461**

**Ask for Erin or Kathy in Prevention Services!**

### Location

Longwood University

201 High Street,  
Farmville, Virginia  
23909



### Sponsored By:



Crossroads Prevention Services