

**Substance Abuse
Prevention Resources**

SAMHSA Substance Abuse and Mental Health Service Administration http://www.samhsa.gov/prevention	SAMHSA promotes and implements prevention and early intervention strategies to reduce the impact of mental and substance use disorders in America's communities.
National Institution on Drug Abuse http://www.drugabuse.gov	NIDA's mission is to lead the Nation in bringing the power of science to bear on drug abuse and addiction.
Smokefree.gov http://smokefree.gov/talk-to-an-expert	National Quit Line: Receive information and advice about quitting smoking through real-time text messaging with a National Cancer Institute smoking cessation counselor. Support via LiveHelp is offered in English only, Monday through Friday, 8:00 a.m. to 11:00 p.m. Eastern Time.
Virginia Foundation for Healthy Youth http://vfhy.org/	The Virginia Foundation for Healthy Youth was established by the Virginia General Assembly to lead statewide efforts to reduce and prevent youth tobacco use and childhood obesity.
National Council on Alcoholism and Drug Addiction https://www.ncadd.org/	For over 70 years, The National Council on Alcoholism and Drug Dependence, Inc. (NCADD) has been a valuable resource for millions of people struggling with alcoholism and addiction.
Veteran's Crisis Line https://www.veteranscrisisline.net/	The Veterans Crisis Line connects Veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text. Veterans and their loved ones can call 1-800-273-8255 and Press 1, chat online, or send a text message to 838255 to receive confidential support 24 hours a day, 7 days a week, 365 days a year.

HIV/STD Prevention Resources

AIDS United http://www.aidsunited.org/	AIDS United’s mission is to end the AIDS epidemic in the United States. We seek to fulfill our mission through strategic grantmaking, capacity building, policy/advocacy, technical assistance and formative research.
Aids.gov https://www.aids.gov/	Access information on Federal HIV policies, programs, funding, and other activities. Featured information on the National HIV/AIDS Strategy (NHAS), Presidential Advisory Council on HIV/AIDS (PACHA) and the President’s Emergency Plan for AIDS Relief (PEPFAR).
Center for Disease Control http://www.cdc.gov/actagainstaids/campaigns/hivtreatmentworks/resources/index.html	Resources for People Living with HIV
Substance Abuse and Mental Health Administration http://www.samhsa.gov	SAMHSA works to improve the quality and availability of substance abuse prevention, alcohol and drug addiction treatment, and mental health services.

Suicide Prevention Resources

NAMI Central Virginia Programs http://www.namicalvirginia.org/programs.html	NAMI's education and support programs provide relevant information, valuable insight, and the opportunity to engage in support networks. These programs draw on the lived experience of mental health consumers who have learned to live well with their illnesses and family members. All have been extensively trained to help others, as well as the expertise of mental health professionals and educators.
National Suicide Prevention Lifeline http://www.suicidepreventionlifeline.org/	800-273-TALK (8255)—free, 24-hour hotline available to anyone in suicidal crisis or emotional distress.
Suicide Prevention Resource Center http://www.sprc.org/	Provides prevention support, training, and other resources.
We Can Help Us http://us.reachout.com/wecanhelpus/	A national campaign for connecting youth and encouraging them to lean on one another to get through tough times.