

Sex Offender Treatment Program

The Sex Offender Treatment Program is an intensive outpatient community based treatment program that is offered by Crossroads in the Farmville Clinic. This program is designed and individualized for the treatment of both the Adult and Juvenile population. This program is designed for the offender who recognizes and takes responsibility for their own behavior and is willing and able to live within the limits placed upon them by this treatment program, the judicial system and society.

Examples of offending behaviors include: child molestation; voyeurism; exhibitionism; frotteurism; public masturbation or lewd acts; rape and sexual assault; child pornography; obscene phone calls/letters; violations of professional boundaries; sexual harassment.

Our program follows a cognitive-behavioral approach that will provide the foundation for the most effective treatment with the population and will be based upon the Sex Offender Containment Model, a comprehensive approach to sex offender management, drawing on the expertise and special knowledge of all the agencies, partners and individuals working with individuals to manage properly.



The overall goals of treatment are:

- Active involvement in the treatment process
- Accept responsibility for behaviors
- Develop awareness and understanding of consequences related to sex offending behaviors
- Be able to demonstrate empathy and compassion
- Develop healthy relationships and social support network
- Develop relapse prevention strategies

Treatment is composed of education and therapy through group process, individual therapy and couples/family therapy as appropriate. The duration of treatment is based upon the person's needs, motivation level or timeline established if court ordered. (Refer to the Treatment Agenda link to get an explanation of what services are included)

If you would like more information or to schedule an appointment, please call FtOGdtk j vat:
(434) 392-3187 x245.

Treatment Agenda

Diagnostic Evaluation; the first step in which a therapist performs a face to face evaluation/assessment with the individual and completes a written, professional evaluation which includes diagnoses, recommendations for treatment and access to an appropriate level of services.

Risk Assessment; will be provided upon entry to the program as well as periodically that will provide ongoing assessment of treatment progress as well as risk for recidivism (re-offending).

Sex Offenders Against Recidivism (S.O.A.R.); group therapy that will be provided each week for 90 minutes where both education and therapy interventions will be addressed related to the individual's offense. Discuss issues surrounding their offense and initiate tools to reduce the risk for relapse to re-offend.

Individual Therapy; will be provided each week for 60 minutes to address any personal issues and/or concerns that an individual may not be able to address in a group setting.

Family/Couples Therapy; will be provided on average of once each month in order to assist the individual in re-engaging with family effected by their offense and the reunification process as appropriate.

Medication Management; will be evaluated by a psychiatrist, providing psychotropic medications for individuals in need.

Relapse Prevention/Aftercare; will construct a relapse prevention plan prior to completing the program that will assist with their aftercare. Support will be offered to assist an individual's reorientation back into the community, engaging their coping skills in an attempt to lower rate for relapse.

Documents

Upon admission to the Sex Offender Treatment Program, each individual will be required to complete and sign:

Treatment Contract; document that outlines expectations of the treatment program, detailing requirements and consequences if the contract is broken.

Safety Plan; document that outlines the structure and required boundaries that must be met in order to participate in the program.

Treatment Plan; document that outlines the treatment goals and therapist interventions that will assist each individual in meeting their goals.

All treatment will be planned and supervised by a Certified Sex Offender Treatment Provider (CSOTP)

PSYCHOSEXUAL EVALUATIONS

Crossroads will now provide prompt, professional assessments for individuals that will focus on the individual's psychological and sexual functioning. This evaluation also examines the individual's sexual interests, attitudes and behaviors to see if the individual has a sexual deviancy problem. Psychosexual evaluations are now available for the catchment area Crossroads serves to include the counties of Amelia, Buckingham, Charlotte, Cumberland, Lunenburg, Nottoway, and Prince Edward. All evaluations will be conducted at the Farmville Clinic (ask about jail clearance) by Dr. Ebright

Psychosexual evaluations include testing and assessment. These evaluations measure and observe an individual's behavior for the purpose of establishing a diagnosis, to aide in treatment planning as well as supervision. The procedure typically involves three steps that include the initial interview, testing, and informing of the results. Testing involves the use of formal, standardized questionnaires and checklists that are chosen specifically to address the referral question. It can also involve the review of records, as well as direct observation of the individual, and interviews with individuals who know the person being evaluated. The measures used in the evaluations are typically chosen based on the referral questions and the individuals' needs and abilities.

Specialized Psychosexual Psychological Evaluations

Option 1: Risk Assessment: Address potential for sexual violence to others.

Option 2: Entry to Treatment Assessment: Identify if an individual would benefit from participating in a psychotherapeutic treatment program to address sexual deviance, as well as other relevant treatment interventions (e.g., substance abuse/dependence, anger management/expression, and/or individual counseling).

Option 3: Both a Risk Assessment and an Entry to Treatment Assessment.

Option 4: Evaluation tailored to a particular referral question (i.e., is this individual's sexual behavior likely to impact his or her employment and, if so, what recommendations will enable the individual to resume work with the risks being managed).

When is a Psychosexual Evaluation Needed?

- When someone is known to have committed a sex offense. A psychosexual evaluation can assess the individual's treatment needs and risk for re-offending.
- When someone has been suspected of having committed a sex offense or acted in an inappropriate sexual manner. A psychosexual evaluation cannot assess guilt or innocence regarding a specific sex offense. However, this type of evaluation can be helpful in assessing if an individual has a sexual deviancy problem that requires specialized treatment.
- For sexually aggressive children and adolescents, this evaluation can also be helpful in assessing the child's placement needs. For example, a psychosexual evaluation can help determine if the child needs residential treatment to treat his/her sexually aggressive behaviors.

What you need to know in order to schedule an evaluation

When scheduling, you will need to provide the reason for the evaluation as well as the name and age of the person to be assessed and contact information. Most test administration will be done by FtOGdtki j v. If testing is to be paid for by a county agency (e.g. CSA, FAPT, CSU, and Probation) or an individual, a letter of intent to pay or payment in full is required prior to the evaluation, depending on the circumstances.

The initial interview typically takes one hour. Test administration is generally completed in two to four hours depending on the abilities of the individual and number of tests to be administered. Once the testing is completed, the results are compiled, a report is written to include test results and recommendations, the results are reviewed with the appropriate person, and copies of the report are provided as well as sent to the referral source as requested or required.

Contact An directly to schedule an intake appointment (434-392-3187 x223)